COMPUTERIZED ADHD TESTING NOW AVAILABLE
WHAT TO EXPECT

PAPERFLOWER PSYCHIATRY

At Paperflower Psychiatry, we offer **QBCheck**, a *computerized test* to help identify ADHD symptoms in adolescents and adults. While ADHD can be diagnosed through clinical interviews, QBCheck provides an additional layer of information, especially when there's overlap with conditions like Bipolar Disorder. It doesn't diagnose ADHD on its own, but it can give your provider clearer insights.

WHAT IS QBCHECK?

QBCheck is a test that tracks impulsivity, hyperactivity, and inattention. It's particularly useful for teens and adults, with a **15-20 minute timeframe**. For kids aged **6-11**, *it takes about 15 minutes*, while *for ages **12 and up**, it takes 20 minutes*.

HOW DOES IT WORK?

You'll come to one of our locations where a support team member will guide you through the test. It's quick and painless—no filming, no storing of data. The computer tracks your movements but doesn't record you. Afterward, you'll meet with your provider to review the results.

WHY TAKE IT?

QBCheck is a helpful tool if you're unsure about starting medication or want more concrete information before moving forward. It can also guide your provider in tailoring treatment options.

WHERE CAN YOU TAKE IT?

We offer QBCheck testing at our *Central Phoenix, Flagstaff, and North Phoenix locations* **by appointment**. **The cost is $150**, and you'll need to book in advance.

HOW DO I SIGN UP?

Shoot an email to **delfina@paperflowerpsychiatry.com** to book your test.

Q & A SECTION

Does the test diagnose ADHD?
No, but it can support your provider in confirming the diagnosis.

Can parents stay in the room while their child is taking the test?
Parents are asked to wait outside to avoid distractions but must be there for consent.

Can I wear glasses during the test?
Absolutely—just wear them as usual.

Do I need to be an established patient to take the test?
Nope! You can take the test and get your results via email, though you'll need to schedule an evaluation if you want further interpretation.